

## **EARWAX**

### **1. Is Earwax Harmful?**

No, it is not harmful

### **2. Do I need to clean wax in my ear regularly?**

No, it is not required. There is a self cleansing mechanism to push the wax out of the canal.

### **3. When should I consult a doctor for wax removal?**

If there is a sensation of ear block, pain, foul smelling discharge/itching in ear

### **4. Can I instill coconut oil into the ear to soften the wax?**

Not unless you are sure that your ear drum is healthy (without a perforation). If oil enters your middle ear/ inner ear it is harmful.

### **5. What medicine can I use to soften the wax?**

A wax dissolving agent like hyalase drops/ waxonil ear drops can be used as per your doctor's advice.