

## **What should I do if the Doctor tells me I have Ear Drum Perforation?**

1. Do not allow water entry into the ear (Use Ear Plugs / Vaseline soaked cotton balls to plug the Ear during a bath)
2. Do not use ear buds as it can injure the ear canal Skin/ Ear drum
3. Ear discharge can start in patients with drum perforations so it is advisable to take cold medicines/ contact your doctor in case of a cold
4. Do not keep ear plugged at all times as this will promote growth of fungus
5. It is not advisable to use OTC (Over The Counter) ear drops without indications as it will promote resistant organisms